

# WHAT'S ON AT HELLIDON LAKES GOLF & SPA HOTEL THIS JANUARY

Book one detoxifying treatment in January from the below and receive the second half price!

• **Body Wrap** • **Full Body Massage** • **Facial**

Speak to Reception for more details.



		WED 1	THU 2	FRI 3	SAT 4	SUN 5
		<p>Happy New Year from all the team at Hellidon Lakes Golf &amp; Spa Hotel</p>	<p>January Sales start today! Come visit the spa and see what special offers and discounts we have.</p>	<p>Spa Offer: Remember as a member you get 20% off spa treatments. Have you booked yours?</p>		
MON 6	<p>TUE 7</p> <p>Spa Offer: Book a brand NEW ESPA Ritual &amp; receive a free 25 minute spa treatment today!</p>	WED 8	<p>THU 9</p> <p>Bring a Friend for FREE: Friends can use the gym and pool for free today only</p> 	<p>FRI 10</p> <p>Coffee Morning for Members</p> 	SAT 11	SUN 12
<p>MON 13</p> <p>Meet The Manager</p> 	<p>TUE 14</p> <p>30% Off Spa Treatments Today Only For Members</p> 	<p>WED 15</p> <p>Spa Offer: Book a manicure &amp; receive a free Geleration polish upgrade</p> 	THU 16	<p>FRI 17</p> <p>Spend £30 or more on an ESPA spa product and receive a FREE £20 online voucher!</p>	SAT 18	SUN 19
			<p>THU 23</p> <p>Spa Offer: Book a manicure &amp; receive a free Geleration polish upgrade</p> 		SAT 25	SUN 26
<p>MON 27</p> <p>Spend £30 or more on an ESPA spa product and receive a FREE £20 online voucher!</p>	<p>TUE 28</p> <p>2-4-1 Bowling Tuesday</p> 	<p>WED 29</p> <p>Spa Offer: Book a Back Massage for £30 &amp; receive a Full Body Exfoliation for FREE</p>	<p>THU 30</p> <p>Bring a Friend for FREE: Friends can use the gym and pool for free today only</p> 	<p>FRI 31</p> <p>Celebrate Valentines Day: Book your couples massage today ready for Valentines Day!</p>		

**HOTELS**  
INSPIRED  
BY YOU