

What's on at Hellidon Lakes Golf & Spa Hotel this April

Book a 25 minute mini Q facial in April & be upgraded to a full 60 minute Q facial for FREE

Enjoy a relaxing and refreshing 60 minute facial which will clean, exfoliate and nourish your skin ensuring a clear and well-hydrated complexion.

Book in today and quote MEMBER FACIAL

Terms & conditions apply.



<p>1</p> <p>New gym challenge starts today</p> 	<p>2</p> <p>New Lakes Menu: Don't forget your members discount!</p> 	<p>3</p> <p>Healthclubawards.co.uk: Have your vote about our club and have the chance to win £1000 worth of sports and leisure equipment</p>	<p>4</p> <p>Have you read our new newsletter yet?</p>	<p>5</p>	<p>6</p> <p>Have you tried our all new Outdoor Bootcamp yet?</p> 	<p>7</p>
<p>8</p>	<p>9</p>	<p>10</p> <p>Workout Wednesday: Bring a friend for FREE</p> 	<p>11</p> <p>Book a full manicure and get a free upgrade to Geleration polish</p> 	<p>12</p>	<p>13</p> <p>Gym Open Day: Welcome all members to bring a guest for free</p>	<p>14</p> <p>Wedding Fayre in Hotel 12.00pm - 4.00pm</p> 
<p>15</p> <p>Go to aqua fit today and have a pedicure after for 50% off normal price</p> 	<p>16</p> <p>20% off all ESPA products today</p> 	<p>17</p>	<p>18</p> <p>Achieve new goals and get a new programme</p> 	<p>19</p>	<p>20</p>	<p>21</p> <p>New circuit classes starting today! Sign up at Reception for your place</p>
<p>22</p>	<p>23</p> <p>Twosday Golf : 2-4-1 on Green Fees</p> 	<p>24</p> <p>Book a mini facial today and get an upgrade to a full facial for free</p> 	<p>25</p> <p>Challenge the instructor: See the PT board in the gym. Win and get a free day pass</p>	<p>26</p>	<p>27</p> <p>Open Weekend: Bring your friends along for FREE</p> 	<p>28</p> <p>Open Weekend: Bring your friends along for FREE</p> 
<p>29</p>	<p>30</p>					